Volume 2, Issue 2 February 2011



y Chronicle

From the Commander's Desk

Dear Cathay Post member and friends,

This is the year of the Rabbit and I want to wish everyone a Happy and Prosperous New Year.

What are the characteristics of those born in the year of the Rabbit? The Rabbit is extremely lucky in business and monetary transactions; astute at striking bargains, he can always pop up with a suitable proposal or alternative to benefit himself. sharp business acumen, coupled with his knack for negotiation, will ensure him a fast rise in anv career.

Cathay Post's celebration of the Chinese New Year will begin on February 2, 2011.

At noon, on February 2, at U.C.S.F. [513 Parnassus Ave.], Cathay Post will be celebrating the Joy Luck Tree with a show and lunch.

On February 8, at noon at Cathay Post, there will be a New Years lunch celebrawith tion "Tuesday Dance Class." All Post members are invited. If you plan on attending, please let Tina Mak know [415.939.0355] that she can plan accordingly [including food orders].

On February 7, 2011, Major Kurt Lee, a Korean War Hero who saved 8.000 U.S. Marines, will be arriving in San Francisco [from Washington D.C.]. There are numerous events lined up that week. The main event will be a dinner at 6 p.m. on February 11 at New Asia Restau-Tickets rant. are \$35.00 per person and \$350.00 per table. Please RSVP 3rd Commander Nelson Lum [415.205.0121] or



Roger Dong [510.339.0010]. Please make all checks payable to Chinese American Heroes

Our next monthly meeting will be on Saturday, February 12 at Cathay Post.

We will be providing a New Years lunch to all of our members and friends. Please join us for this celebration. Ken will also be demonstrating traditional origami money folding.

Ron Lee Commander

NEXT BOARD MEETING: Saturday, Feb. 12, 2011 @ 1100 hours. All Cathay Post members and supporting friends are welcome. Lunch will be served immediately after the Board meeting.

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Cathay Post. No. 384

American Legion

1524 Powell Street San Francisco, CA 94133 Telephone: 415.392.2882 Fax: 415.399.0551

www.chineseamericanveterans.org

From the 1st Vice Commander

The Board of Directors of the Italian Heritage Committee recently awarded Cathay Post No. 384's Color Guard with the "First Place Award" and a check

for \$100.00 for its participation in the Columbus Day Parade Celebration. This is a great honor.

I want to give a big "Thank You" to support member Daniel Soo Hoo. He recently spent time taking wall measurements, doing several plan drawings, shopping and donating his labor in mounting the two large book shelves in the Commander's office. This makes our office look

very "professional." While our operations have increased in the past few years, we did not use our space efficiently. The bookshelves will "change that story."

Last December, Vice Commander Jay Pon and Service Officer Patrick Mak boldly volunteered to clear out the office of large quantities of unwanted materials. Their military experience must have played a key role in doing such a fine job. For this, the Post owes our two comrades a very big "Thank You."

Under near freezing temperatures, Commander Lee, War Memorial Commission Chairman and Support Member Roger Dong, and I arrived in Seattle on January 18th for a reception to honor Fang Wong, the leading candidate to be American Legion National Commander for 2011-2012. Fang has a stellar service record with the American Legion Department of New York and the Lt. B. R. Kimlau Chinese Memorial Post 1291 in New York

City. The reception was organized by American Legion Department of Washington and Cathay Post No. 186 of Seattle. I want to acknowledge and



thank Commander Larry Luke, Sr., Vice Commander Weldon Lee, and the other officers at Post 186 for the kind hospitality they afforded us. As in everything in life, timing plays a key role. This leads me to my next thank you to Support Member Olivia Lam, who happened to be in Seattle at the time. She helped to arrange transportation from the airport and transportation to and from the banquet location through her network of contacts.

On January 26th, Commander Lee and I attended the Chinese Lunar New Year reception at the Consulate General of the People's Republic of China in San Francisco. It was a wonderful event to get reacquainted with our friends and supporters. During the event, we chatted it up with a great number of attendees who had participated in past Cathay Post events and with the Vice Consulate. I want to thank Support Members Teresa

Lai and Stephen Lau for securing our admission tickets.

As you know, Chinese New Year is on February 3rd. Continuing

with Cathay Post's long standing tradition, the Post will gladly be accepting Spring **Donations** ("Heung Yu") which help support our worthwhile programs and ser-Your donations are vices. 100% tax deductible because the Post is a self-sustaining tax-exempt veterans organization under IRS code 501 (C) (19).Because the Post receives absolutely no funding from any government sources,

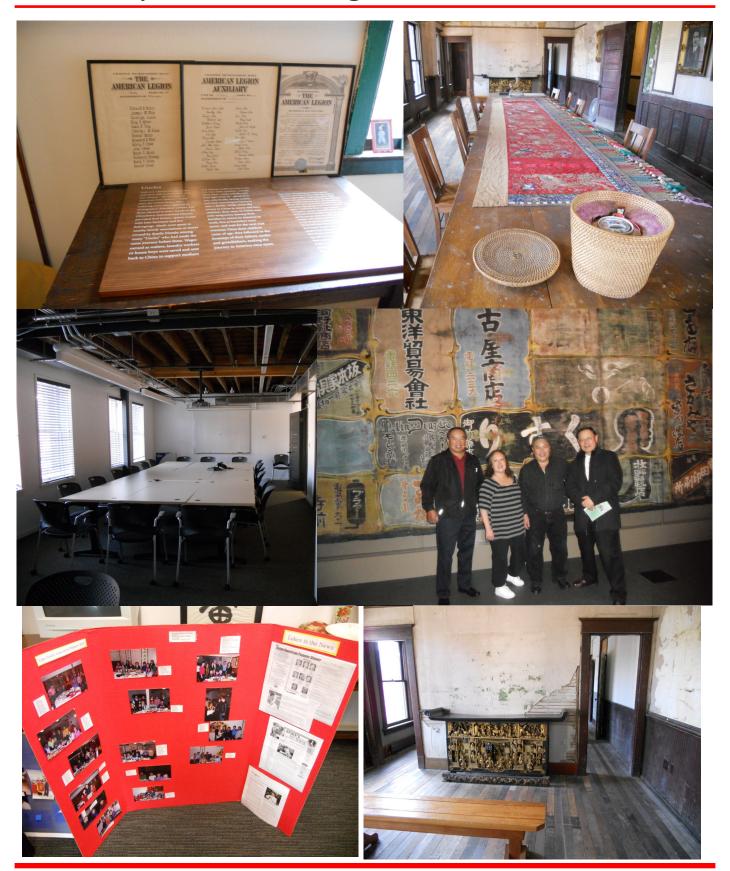
we need your support to continue the legacy of Cathay Post No. 384, into the many generations ahead. Due to your support, Cathay Post is one of the most successful veterans organizations in California. Bring your checkbook to the February 12th monthly meeting. Donors of \$50 or more will have their names listed on the Board outside of Dr. Sun Yat-Sen Memorial Meeting Hall. A formal acknowledgment receipt will be provided to each donor.

Nominations for the Board of Directors for years 2011-2013 will begin during the February meeting. The process takes two months before the official balloting is mailed out to all veteran members in good standing.

I hope to see everyone at the next meeting on Saturday, February 12th.

David Y. Wong 1st Vice Commander

Cathay Post at the Wing Luke Museum in Seattle



From the 2nd Vice Commander

Hats off to everyone who helped with the "God Bless The USA III" program. The theatre was nearly at capacity. What a great way to kick off the New Year! Cathay Post is off to a great start!

This month, I am going to reflect on San Francisco's flag which depicts a rising phoenix, often assumed to be the symbol of the city's recovery from the 1906 Earthquake and fire. Indeed, the phoenix does symbolize our City's recovery **but** not from the 1906 earthquake. The flag actually dates to several years prior, to about 1900. San Francisco suffered several devastating fires, including six fires between 1849 and 1852 (the last destroying almost the entire city), along with two earthquakes. Every time the city, just like the mythological bird, "rose from the ashes" and was rebuilt in even grander style and size.

Below the phoenix is a banner which reads in Spanish: "Oro en Paz—Fierro en Guerra", which translates into: "Gold in Peace, Iron in War".



The yellow border, now reproduced as a part of the flag was originally intended to be a gold fringe, but became incorporated into the design. (Source Wikipedia).



Looking forward, and as I've previously stated, 2011 will be another busy and productive year. As 2nd Vice Commander, I will be focusing my attention on better planning and organizing

Cathay Post's events.

In March, the executive board will publish a partial list of



planned events.

This year Cathay Post is sponsoring 2 young civic minded men to Boys State, which offers incoming high school seniors the opportunity to participate in mock governments and experience the democratic processes first hand at our State Capital in Sacramento. If you would like to submit the name of an incoming high school senior, please send me an email at jpon@ps.net

May Joy and Happiness follow all of you.

Jay Pon 2nd Vice Commander



"God Bless The USA III"

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God Bless The USA III





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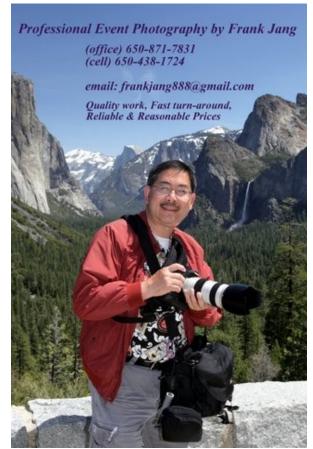




Partial Proceeds Donated to Charities







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Chinese American Hero Major Kurt Chew-Een Lee

American Legion Post 384 (Cathay Post) and our strategic partner Chinese American Heroes salute the United States Marine Corps and their heroism at the Battle of the Chosin Reservoir, and in particular that of then 1st Lieutenant Kurt Chew-Een Lee, who retired at the rank of Major.

Major Lee holds the distinction of being the first regular Marine Corps officer of Asian descent in nearly 200 years of proud Marine Corps history. He accepted the challenges and demands to prove his fitness to hold an officer rank and to lead U.S. Marines into battle. Major Lee undertook a self-imposed mission to consciously demolish the fallacious thinking spread by Hollywood movies that the Chinese, a s race, are meek, obsequious and subservient to make good fighters and leaders. By distinguishing himself as an effective, fearless leader in battle under the harshest of combat conditions, he opened the Marine Corps to accepting more minorities into its officer ranks.

Major Lee was born in San Francisco and raised in Sacramento. His father, M. Young Lee, was born in Hawaii and immigrated to the mainland to make a living supplying bulk farm produce to restaurants and hotels in Sacramento. Kurt was in high school serving with the Junior ROTC while America fought World War II. When he was 18 and a mining engineer student, he enlisted in the Marine Corps. Following boot camp in San Diego, he was disappointed to



learn he was assigned to learn Japanese while most of the Marines he went through boot camp with landed on Iwo Jima [unfortunately, they suffered heavy casualty]. Private Lee was again disappointed when he was retained as an instructor at the Marine Corps Japanese Language School following his graduation. However, it was sweetened somewhat by his accelerated promotion to sergeant, the rank he held when World War II ended in August 1945. By then he had been accepted for officer training.

The Marine Corps re-instituted its regular officer training program in September 1945 by reactivating The Basic School (TBS). The First Basic Class was convened the following month with Lee as an officer candidate. When he graduated in April 1946, he made history by being the first non-white and Asian American to be commissioned as a regular Marine officer.

With the outbreak of the Korean

War, Lieutenant Lee found some friction with his new recruits of the machine gun company he commanded, many of whom had never even seen or spoken to a Chinese and saw Asians as the enemy. Lieutenant Lee was also resented for his strict and intense training regimen. However, once his unit entered the war, the troops witnessed his leadership and bravery in battle. "Certainly, I was never afraid," he said. "Perhaps the Chinese are all fatalists. I never expected to survive the war. So I was adamant that my death be honorable, be spectacular."

In September 1950, Lieutenant Lee and his Marines landed in Inchon, South Korea along with other UN forces and began to push the North Koreans back northwards. The People's Republic of China had just intervened and begun sending troops to support the North Koreans and engage American and UN forces in combat. It was on the night of November 2nd that the young officer proved his bravery and silenced many of those who doubted his lovalty. The Americans were attacked by Chinese forces from midnight onwards. In a pause between attacks, the men were unable to see the enemy forces. Lieutenant Lee directed them to watch for and shoot at the flashes made by the Chinese weapons. He then made a one-man raid on the Chinese positions, repeatedly advancing from one spot to another while feigning a much bigger American force. He made it up to the Chinese position by

(Continued on page 8)

Chinese American Hero Major Kurt Chew-Een Lee

speaking to the enemy in Mandarin and identifying himself as He then hurled gre-Chinese. nades and shot his weapon, thus forcing the enemy into full, confused retreat. The Chinese left behind several dead and Lieutenant Lee was able to save his men. It was for this action that he was awarded the Navy Cross, the second highest combat decoration given by the Marines Corps. The next morning he was shot by a sniper and sent back to an Army field hospital at Hamhung.

After five days in the hospital and before he was sent to Japan for treatment, Lieutenant Lee "liberated" an Army jeep with another wounded Marine and dashed back to Baker Company. His surprised but pleased company commander immediately assigned him to take over the 2nd Rifle Platoon whose leader had just been injured and evacuated. With his arm in a sling, he retrained the platoon whenever he had the opportunity under combat conditions. He and his platoon played a major role in the unfolding drama of the Chosin Reservoir Campaign when the US X Corps, including the 1st Marine Division, fought against 120,000 Chinese Communist troops from November 27 to December 11, 1950.

Despite many ignored warnings about how many Chinese Communist soldiers were coming into the war, the UN forces blithely advanced to the Chosin Reservoir, about 80 miles inland from the port of Hungnam near the Chinese border. They were then completely surprised by the attack on November 27th of over 120,000 Chinese soldiers who badly outnumbered them 6 to 1. The Marines were forced to consolidate their far-flung positions at Yudam-ni, Hagaru-ri, and Koto-ri in order to fight their way out of the trap. For the 7th and 5th Marine Regiments at Yudam-ni to reach Hagaru-ri about 14 miles to the south, they had to go through the vital Toktong Pass held by Fox Company of the 7th Marines. Fox Company was located on high ground (Fox Hill) that overlooked the Toktong Pass, which had been under savage attacks for four days and five nights. In a third effort to relieve Fox Company, which was in imminent danger of being overrun, 1/7 got approval to relieve Fox Company but strong roadblocks had been established by the Communists on the narrow main service road. They would have to make an overland trek of 8 miles through the unmapped mountains occupied by unknown numbers of Chinese troops overlooking the service road.

It was already evening on December 2nd when Lieutenant Lee got word that the battalion would continue the attack with the 500 men of his Baker Company at the lead and himself at It was a virtual the point. "mission impossible" because of the confluence of six factors: 1) the troops had been in constant combat for several days and were completely exhausted; 2) they were now expected to bear additional heavy loads on their march; 3) the extreme sub-zero weather conditions (20 degrees below zero); 4) poor visibility (complete nighttime darkness hampered further by snow blizzards); 5) unfamiliar and extremely rugged mountain terrain; and, 6) unknown enemy numbers and dispositions. With no available intelligence, it was not possible to plan the march and normal land navigation techniques were unworkable. Lieutenant Lee, still hampered by his right arm in a sling, and without any instructions from the Company or Battalion, had to improvise and rely on his own judgment, initiative, survival instincts, and dogged perseverance to lead his 500 heavily -laden Marines in a single file extending for one-half mile to Fox Hill. His only aid in this highly challenging endeavor was a simple compass and a luck. As it was, only Marine discipline kept the men going under their excruciatingly heavy combat loads through cold and thighdeep snow and up and down the mountains.

After a brief rest of about three hours called by the battalion commander. Lieutenant Lee resumed the attack toward Fox Hill at first light on December 3rd with Baker Company still in the lead. As they moved out of some light woods, the lead elements came under heavy fire and were pinned down. Noting that it came from enemy positions located under some big boulders near the crest of a steep rocky hill, Lieutenant Lee quickly deployed his platoon on line with maximum fire power

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Chinese American Hero Major Kurt Chew-Een Lee

forward, including his sole remaining machine gun. signal all weapons opened fire at the same time to establish fire superiority and his platoon marched forward employing marching fire to keep enemy heads down. His men swept up the steep hill to overrun the enemy positions and killed about ten soldiers in their holes. Upon reaching the crest with his assault troops, Lieutenant Lee, who personally shot and killed two soldiers, was astounded to see the reverse slope pockmarked with enemy foxholes. The enemy had been facing the opposite direction towards the service road and had now abandoned their positions. A staggered line of about 20 enemy soldiers were floundering in the snow about 400 yards distant, fleeing in panic from the Marines. Lieutenant Lee said he never felt more exhilarated in the flush of victory over a defeated enemy or prouder of his men -- regulars and reservists -all now uniformly professional Marines.

Communication was established with Fox Company for the first time. Within an hour, after pulverizing the next ridge with heavy mortar fire followed by an strike, Baker Company moved forward and joined Fox Company, whose men lined their hilltop waving colored parachute panels and cheering the arrival of their Marine brothers. Lieutenant Lee led his platoon in in several other firefights until he was finally struck down by a burst of enemy machine gun fire on December 8th. It seems fitting that this was the last firefight that Baker Company participated in before leaving North Korea. Lieutenant Lee has been credited with giving Baker Company its fighting character, and the name Baker Company of the 1st Battalion, 7th Marine Regiment is the only rifle company that is allowed to retain that phonetic name when the U.S. military switched to the NATO phonetic alphabet in 1956.

Although a lost battle, the example set by the Marines and by Lieutenant Kurt Chew-En Lee at the Battle of Chosin Reservoir epitomizes the highest ideals of bravery and dedication to duty in the long history of the U.S. Marine Corps. According to retired USMC Major General Michael Myatt, the CEO of the Marines Memorial Association, a personal tribute was paid to Kurt Lee. "In November 2002, General Ray Davis (former Assistant USMC Commandant) spoke in San Francisco at the Marines' Memorial Club about the Chosin Reservoir campaign. General Davis, then a Lieutenant Colonel, commanded 1st Battal-Marines in Korea (himself earning the Medal of Honor in the battle.) He called 1st Lieutenant Lee the bravest Marine he ever knew."

From 1962 to 1965, Major Lee enjoyed the most challenging, high-pressured, and gratifying assignment in the Marine Corps. He was initially assigned as Commanding Officer, Enlisted Instructor Company. When he was promoted to major on January 1, 1963, he was selected by C.O.

Colonel Jonas Platt to be the Chief, Platoon Tactics Instruction Group for 27 consecutive months. He and his instructor staff of three majors and seven captains provided tactics instruction to a whole new generation of Marine Lieutenants and Warrant Officers to qualify as rifle platoon commanders. Luminaries among his TBS graduates include Generals Charles Krulak (former Commandant) and John Sheehan. His greatest sense of satisfaction was to follow them in assignment to Vietnam and personally observe the superb job they were doing as infantry platoon commanders in combat. Major Lee served in the Vietnam War from 1965-66 with the 3rd Marine Division, III Marine Amphibious Force, as the Division Combat Intelligence Officer. He established the Division Document Translation Center for timely translation and processing of captured enemy documents for field use by Marine units.

After leaving the Marines, he worked for New York Life and then for the National Rural Electric Cooperative Association before retiring for the second time. His bravery was recounted in the Smithsonian Channel documentary special "Uncommon Courage: Breakout at Chosin" aired on Memorial Day, 2010. In his 22 years of commissioned service, Major Lee was fully conscious of his unique position in the bastion of America's male chauvinism -- a pure warrior caste. Racism, he feels, is inherent in the nation's historical

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From the 3rd Vice Commander

The year of the Rabbit is fast approaching. I want to take this opportunity to wish everyone a Happy Chinese New Year. Gung Hay Fat Choy. I'll be looking for those red envelopes at our next meeting.

When you read this month's newsletter, Cathay Post No. 384, Chinese American Heroes, along with other community groups, will be in the midst of hosting Major Kurt Lee, USMC [Ret.]. To have the privilege of hosting a visit by a gentleman whom the Marine Corps Commandant called "the bravest Marine I have ever known" during the Korean conflict is truly a historical moment for the Post. Major Lee was a paradigm of unimaginable proportions. He was a pioneer who was the first Chinese American to be commissioned as a Second Lieutenant in the active Marine Corps. He was also the first Chinese American to command a machine gun platoon which he led into combat in Korea. He was credited with saving the lives of over 8,000 Marines and he was awarded the Navy Cross, the second highest military award. It certainly is our honor to be able to facilitate Major Lee's visit to San Francisco, the city where he was born.

What a January for Asians and in particular for Chinese Americans. We witnessed the swearing in of the first Chinese American mayors in San Francisco and Oakland. We saw the Asian American representation on the San Francisco Board of Supervisors increase to 4 out of 11 board seats. As a special note, Major Lee's nephew is none other than Supervisor Eric Mar. A meeting with the Mayor is scheduled along with a visit to the Supervisors' chamber where Major Lee will be honored.

We are now entering into a critical stage of negotiations with the Trustees regarding future space allocation of the War Memorial Veterans Building after the retrofit. There are too many issues for me to list. However, one issue that you all should be aware of is that there are elements within District 8 and the Com-

mission whose only goal is to be confrontational. They seem to think that if we threaten to take the Trustees to court, they will back down. There is always the possibility that they could be right, but it is my opinion that the Trustees will not back down because they have over 150 city attorneys on the payroll. We, the Commission, depend strictly upon the gracious volunteer time of our legal team. If we end up in litigation, I wonder how much time our volunteer attorneys will be able to devote for our cause.

Having said the above, I am not advocating capitulating to the dictates of the Trustees. I feel our chances of achieving our goal, which is to preserve the WMVB for the future generations of veterans, will best be served if we negotiate in earnest. We must fight and maintain what we need for the present and not necessarily what we want. With the inclusion of the Veterans' Service Organizations that we plan to bring in, we will be able to justify every inch of space that we are seeking. We must keep an open mind during negotiations. If a line in the sand is drawn before we even start to negotiate, this process will not be successful. These are just my thoughts.

American Hero Major Kurt Chew-Een Lee

(Continued from page 9)

makeup, and it is his nature to meet all challenges, including racial incidents, head on without equivocation. Some may charge that he operates with a big chip on his shoulder, but he says that this is fine as long as people know that the chip is "my teaching tool to dispel ignorance."

Roger S. Dong Chairman American Legion War Memorial Commission Nelson Lum 3rd Vice Commander Vice Chairman, American Legion War Memorial Commission.

Swearing-In Ceremony of The Honorable Betty Lee



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Frank Jang

Cathay Post 386 (San Francisco) visits Cathay Post 186 (Seattle)

Following the New Year, Commander Ron Lee, Suzie Lee, 1st Vice Commander David Wong, Post Support member Olivia Lam and I traveled north to Seattle to meet the leading candidate for American Legion National Commander, Mr. Fang Wong. Mr. Wong was visiting Cathay Post 186 and American Legion members in Seattle and was the main speaker at the Washington State American Legion dinner.

For two days, Post 186's Commander Larry Luke and Senior Vice Commander Weldon Lee hosted our San Francisco contingent to meals [including dim sum] and some great events. Commander Luke took us to the new Wing Luke Asian Museum, which is now an affiliate of our national Smithsonian Museum, and a day time tour of the world famous Space Needle monument. We were very impressed with the Wing Luke Museum, especially the special preservation and display of historic and old Chinese artifacts, living quarters and shops. The authentic displays restored with love are truly outstanding and are not duplicated anywhere else in the world. We highly recommend visiting this historic national museum when you are in Seattle. Commander Luke also took us to several of Seattle's most famous markets and even the original Starbucks coffee shop. Along the way, we snacked and increased our waist by "only" a millimeter.

The night before we departed, Senior Vice Commander Weldon Lee insisted on taking all of us to the top of the Space Needle again, but this time to enjoy the 360 degree panoramic view of Seattle from the rotating restaurant at the apex of the Space Needle. The food was splendid and the view of Seattle during that clear night was incredible. As you know, Seattle is usually fog bound or raining this time of year.

Some of our major objectives for this trip included meeting with Fang Wong and Cathav Post 186 members and to establish a bond with other Chinese Ameri-Very much like can veterans. our experience in New York City meeting with the American Legion Kim Lau Post, the camaraderie was instantaneous and warm. Chinese Americans who have served in the military have much in common, and the bond of our lovalty and service to our Nation is infectious. The Posts vowed to visit each other at least once a year and aimed to visit during each other's anniversary celebration. We also promised to exchange newsletters to keep both Posts current on the events and activities of both Posts.

The Posts also agreed to be members of the Chinese American Veterans Alliance (CAVA) . CAVA was Commander Pon's dream for Chinese Veterans organizations to have an informal alliance, which was formally initiated last year between our Post and members of our local VFW. Mr. Fang Wong hopes that the five American Legion Posts that were originated by Chinese American veterans in New York City, Boston (the East Coast branches) and Seattle, San



Wing Luke Museum

(photo courtesy of www.wingluke.org)

Francisco and Los Angeles (the West Coast branches) will unify informally under CAVA for social and veterans cooperation. This process is now initiated and we will take action to meet with our colleagues as time allows. We have purchased CAVA pins that will be distributed to the other Posts.

This two day trip was very gratifying, particularly because we accomplished all of our goals. We will undertake follow-up action to continue the process of informally unifying the Chinese American veterans within the American Legion and our comrades in the VFW and AmVets.

In a few years, a national convention is a possibility if progress is made and everyone agrees to socialize together and form an active organization for friendship and unity.

Roger S. Dong Chairman American Legion War Memorial Commission







NAPA CYCLEFEST

Saturday, April 16, 2011 In partnership with Rotary Ride 4 Vets/Cycle for Sight

Come join in the fun and the spirit of giving back to those who have served our country by supporting our injured veterans.



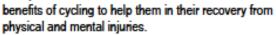




Your participation in the Napa Cyclefest fundraising event raises funds to buy specialized equipment, modify bicycles to accommodate injuries, and provide programs that feature

cycling as the core activity.

The Ride 2 Recovery (R2R) provides bicycles, cycling attire, protective gear, and support to injured veterans and introduces them to the therapeutic and health



R2R Cycling Programs are providing injured veterans a sense of normalcy, accomplishment, pride, camaraderie, and relief from depression and other problems that accompany recovery and rehabilitation.

R2R's mission is to improve the health and wellness of injured veterans by providing a life changing experience that can impact their lives forever.

www.ride2recovery.com

A special thanks to our sponsors:





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Ride Start and Finish:

Justin Siena High School, 4026 Maher Street, Napa, CA 94558

Rider Check-In and Same Day Registration starts at 7 AM

\$50.00 for the general public

\$20.00 for active duty military

Registration fee includes post ride festival.

Prizes for those who get the most sponsorships/donations from friends, coworkers, family, etc.

Cyclists have a choice of three scenic routes.

Ride Starts:

50 mile—8 AM 25 mile—9 AM

15 mile—9:30 AM

The Napa R2R Cyclefest is a ride, NOT a race.

All rides are supported with SAG vehicles, food and rest stops.

Helmets required on all routes.





After the ride, there will be a festival with 22 wineries, 3 microbreweries and a live band. Eight food vendors will be providing lunch at a minimal cost.

If you would like to attend the Festival and skip the ride, contact Marc Cattapan to reserve one or more tickets for \$30.00 each.

How to register: Go online to:

http://www.Ride2Recovery.com

- Click on "When can I ride?"
- Select "more info" under Cyclefest
- 3. Choose "Napa Valley Cyclefest"
- 4. Click on "Register"

For more information: Contact Marc Cattagan

NorCal Regional,

Ride 2 Recovery Director E-mail:

R2RNorcal@yahoo.com

Phone: 916.230.3365



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The Editor welcomes article or letter submissions but reserves the right to publish, republish or not publish any submission and to edit articles or letters as appropriate. Submissions must include your name, address, and phone number. The Editor will call to verify authenticity. All submissions should be emailed to the Editor at galinluk@hotmail.com by the 25th day of the month preceding the next month's Newsletter.



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2nd Vice Commander Jay Pon

3rd Vice Commander Nelson Lum

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